

# Inside The Advocate



CHEERS  
**Take A Look**  
**AHS Headmaster**  
**Tom Reis gives a**  
**tour.**  
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**A Look Back**  
**A look at**  
**1980 - what a**  
**year!**  
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# The Arlington Advocate

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The Community newspaper Since 1872

Thursday, January 1, 1981

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## Some Resolutions For...



(Staff Photo by Noreen Murphy)

**When Barbara Fischer's third graders at Hardy School were asked to write their New Year's resolutions, they had a lot of ideas.**

I will try to be nice to people. I will make my bed every day, I will clean the house every day too. I will be careful doing my work in school too.  
—Diane Morais

I will be nice to people. I will help my mother. I will play nicely.  
—Jeanne Barletta

In "1981" I will try to be as good as I can to my brother. In "1981" I will wash the dishes for my mother.  
—Susan Martin

I am going to get ready faster.  
—Scott Gallagher

In "1981" I'll try to stop being bad to my sister.  
—Chris Stenwall

I will be nice to people. I like to help people because they are nice to me. I will make my bed every day. I will clean my room too.  
—Helen Lynch

In "1981" I will try to be good. In "1981" I will try to obey.  
—David DiPalermo

New Year's Resolution: Brush my teeth more often. Make my bed.  
—Pamela Gurecki

From now on I will do what I am told. This year from now on I will go to bed when I am told.  
—Joanne Dempsey

On New Year's Eve we have a party late at night. We will watch it on TV and we will have some eggnog. Then we go to bed.  
—William Martins

When I'm in bed I will think of something that I will do. I thought that I will try and be good. I will be good to my friends. I will take down the trash without my mother reminding me.  
—Brian O'Connor

In 1981 I will try to do better at things. In 1981 I will put the toys away.  
—Randy Farina

I will clean my room. I will make my bed. I'll try to be a good girl. I will help my mom and dad.  
—Elaine Kristo

In "1981" I will try to do better in my school work. In "1981" I will not throw my things under the bed.  
—Diane Leccese

In the New Year of "1981" I will try harder to be good. In the New Year of "1981" I will try harder to do things without daydreaming.  
—Billy MacGillivray

I will help my father move. I will clean my room. I will do the dishes. I will take care of our new dog.  
—Brian Keegan

I want to try to make time next year to make things like brownies, cookies, pies, cakes and other stuff like that. I would like to try to fly the gas-run plane of mine with my father.  
—Semeon Hargan

I will be better than ever. I will be very nice to people.  
—William Martins

## Elderly Woman Dies In House Without Heat

### Town Depts. Respond To Cold Snap

A lack of heat in the home of three elderly relatives led to the unexpected death Sunday of an 87-year-old Arlington woman.

According to police, Blanche Whelpley, of 159 Forest st., was found on a kitchen couch by Officer John Donnelly about 8:45 a.m. A medical examiner's report listed the cause of death as exposure to cold and acute pneumonia.

Because of cold temperatures, a pipe in the single-family house burst, leaving three family members without heat probably since Christmas day. Whelpley, a former math teacher in Lexington schools, lived with her 84-year-old brother Harold Whelpley and 81-year-old Gladys Whelpley.

Police checked on the residents after they received a long distance call from someone "concerned about the occupants."

Officer Donnelly said when he arrived he was let in by the brother. The inside of the house was so cold he could see his breath. There was no heat in the house. It was the same temperature as outside, and that was 30," Donnelly said.

It was impossible to see out of the windows because of the frost. Inside, Donnelly noticed water dripping from the damaged water pipes falling on an elderly woman lying on a couch in the kitchen. He couldn't get a pulse and called the Rescue.

Donnelly said he couldn't convince the other two elderly people to leave the house or to take medical treatment from the Rescue. He said both were bundled up. The man was wearing three sweaters and a hat.

Since the two wouldn't leave, Donnelly stayed with them at their house until a relative arrived from Boston about three hours later.

Meanwhile, Donnelly shut off the water and the Edison Company shut off electricity to prevent a fire.

Council on Aging Director Scott Plumb said the two residents were staying at a motel and their niece who arrived to help them was inquiring with the Council about housing.

Plumb said with this sub-freezing weather, he had expected more emergencies, but this was the only one. A Symmes Hospital spokesperson reported no other emergency cases this weekend.

Although the Council on Aging has no emergency number for emergencies, the

fuel assistance program is under way for people who are eligible. The number local energy hotline number is 643-1155 and the area number to call is 684-5800.

The Fire Service Division responded to 21 calls for water leaks, while the Dept. of Public Works got a lot of calls for frozen pipes.

DPW Director Dick Bowler says the department will respond to a house and check the water service at the meter to determine if the problem is outside the house or inside. The cases during the past few days all were the result of pipes inside homes being frozen.

Bowler advises residents with frozen pipes to leave their faucets open so that when thawing starts and the ice expands the water can run out rather than splitting pipes.

Most pipes freeze at the elbows and joints. When these are accessible, Bowler suggests that a hair dryer be used to warm the pipes. Insulation and heat tapes also protect against repeated freeze-ups.

The Fire Division had a busy week with 99 responses, including 33 for the Rescue and the water leaks. Many of the calls were attributed to the cold snap. There were also six rubbish fires and 14 false alarms and a chimney fire.

The DPW was ready for the worst Christmas Eve when Boston media and

(Cold - Page 2)

## Local Energy Group To Hold Town Conservation Conference

by David Hornstein  
for the Arlington Energy Project

As we are all too aware this winter, energy costs are taking a greater bite out of our budgets than ever before. The cost of fossil fuels has been rising dramatically since 1973, and will continue to increase in the future.

In New England, we spend a higher percentage of our incomes on energy than in any other part of the country. Energy inflation hits us in more than just our heating bills, the cost of food and consumer goods is also rising because of increased production and transportation costs.

Not only are we forced to make

personal sacrifices, the local economy suffers as individuals have less money to spend on local businesses and services. Money spent on fuel leaves the community permanently, benefitting only a handful of people up the way.

We need not feel helpless in the face of seemingly uncontrollable energy costs. There are many things that we can do, as individuals and members of the community, to stop the flow of energy dollars leaving our town.

Although we cannot control the price of fuel, we can determine the amount we use. It is estimated that we can conserve half the energy we consume in our homes and businesses. The town of Arlington

recently won an award for saving 40 percent of the oil and gas used in municipal buildings, saving the town \$200,000 last year.

All around the country, communities have joined together to fight rising energy costs.

In Fitchburg, Mass., the FACE project (Fitchburg Action to Conserve Energy) involved the entire city in conservation, with over 3500 people attending residential conservation workshops.

In St. Paul, Minn., Mayor George Latimer closed down the city government

(Energy - Page 2)

### A Special Christmas Dinner:

## No One Had To Be Alone

(For the last three Christmases, Arlington businessman Frank Bowes has held a Christmas feast at the Arlington Elks Club for anyone who is alone on Christmas day. This year, The Advocate sent freelance writer Fred Cornetta to join the Bowes family and their "extended family" for the Christmas meal. Here is his account.)

By Fred Cornetta

As I set out on Christmas Day, my exterior thermometer recorded a balmy six degrees below zero Fahrenheit (God only knows what it was in Celsius) with winds gusting to 25 mph. The radio meteorologist informed me that the wind chill was about fifty below. My automobile asked that I take a cab, thank you very much, but finally acquiesced after much prodding and coaxing.

As I drove into the Arlington Elks Club parking area, the weatherman updated the temperature down to seven below zero. One more such dip and we'd have tied the record for the coldest Christmas in Boston area history. I was able to get my car to within fifty yards of the front entrance but still nearly became frostbitten before reaching the building. What I discovered inside was a group of people who not only warmed the frigid December air, but who also are some of the reasons why Christmas is such a magic season.

One of those people is Frank Bowes of Lexington, a man who has managed to circumvent the commercialism which has increasingly become as symbolic of Christmas as the religious aspect of this season.

During a Christmas season conversation a few years ago, Bowes happened to be discussing the topic of suicide during the holidays. He talked about how the Season To Be Jolly is not so jolly for many people and how Christmas is traditionally a time when the suicide rate escalates dramatically. Since loneliness and depression are somewhat the culprit, Bowes decided there was something he could and should do about it. "I don't understand why people have to be alone on Christmas," he said. "God has been good to me over the years. Perhaps I can do something in a small way to alleviate that sadness."

So three years ago, Bowes persuaded the Elks Club to loan him their hall for the day and he and his wife, Gigi, cooked the first Christmas meal for people who are alone on Christmas. "I was in the kitchen that year," he said. "This is my first year as host, greeting everyone at the door. I don't want anyone to get the impression that this Christmas spread is only for the elderly or indigent. I want anyone who needs a meal or doesn't want to be alone for Christmas dinner, regardless of their circumstances, to feel free to drop by."

He greets everyone with a hearty handshake and broad smile that would make Old Saint Nick's notorious grin pale by comparison. "Hello, I'm Frank Bowes," he chortles. "The bar is over there and dinner will be served shortly. Please make yourself at home."

"Look over in the corner," he says. "There's a bed. Throw your coats across the top. Just like at home!"

Father Jim Mangiacotti, a Roman Catholic Priest, gave the blessing at 1:00 p.m. and dinner began for the fifty or so participants. "We expected about seventy people, but I guess the cold weather kept some indoors," offered Tom Powers, a friend of Bowes.

Four very large turkeys, potatoes, squash, onions, stuffing, gravy, pies of all types, breads, cakes and Christmas cookies were the fare. "Whatever we have left, we wrap in doggie bags and distribute. Nothing is wasted," stated Bowes.

Gigi Bowes spends Christmas eve, which happens to be her birthday, in the kitchen. She begins Christmas morning very early putting the finishing touches on the feast. Two very important days of the year are given up for those who are not family members. "I don't mind. it's the spirit of the thing," she said as husband, Frank, hugged her affectionately.

Evidently the spirit affected others as well. "A woman phoned and said she didn't want a dinner for herself" said Bowes. "Instead she wished to volunteer the services of her five children. She told me she wants them to realize that Christmas means giving as well as receiving. It's a wonderful experience."

Robert Cook, a family friend, caught the spirit as well. While eating his meal, someone needed a ride from across town. Hastily he dropped succulent drumstick and sped out t his car. Returning with a passenger

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## ★ Cold

(Continued From Page 1)

its own weather forecasters said that the area would get as much as seven inches of snow. Bowler says he had about 10 men willing to work overtime, the sanders were ready and they stood by waiting for the predicted storm.

"As luck would have it we were able to spend Christmas at home," says Bowler who notes that his department has had to work about half of the Christmases and New Years.

During this weather, elderly especially need care in protecting themselves. They have to be aware that cold can be a problem, says Dr. Gerald Harris, a local doctor from Symmes Hospital. People can get hypothermia, a condition where the body temperature falls below 98.6 and people can't feel it happening.

He suggests several protective measures. The first is maintaining the proper nutrition in order to maintain sugar and energy levels.

Another way to maintain heat in the body is to cover the body with several layers of clothing. One layer is not good enough.

Wear a hat. Dr. Harris says people lose a tremendous amount of heat from the head.

Finally, if people can't maintain the residence at a comfortable temperature, between 64 and 70 degrees, then they should get out of the apartment or house.

## ★ Dinner

(Continued From Page 1)

twenty minutes later, he resumed his own dinner.

Frank and Gigi Bowes who boast five children and nine grandchildren, have donated their time on a day especially earmarked for family. "It's the biggest day of the year for us," they both agree. Even their nine-year-old granddaughter got into the spirit. When she discovered that a woman who was attending would also be celebrating her 73rd birthday that

day, she simply took it upon herself to whip up a birthday cake.

As I walked out into the frosty Christmas afternoon, I thought about a nice, warm-hearted group of people sharing something very important with others — themselves. Just a small gathering of folks coming together for the purpose of sharing. The childlike enthusiasm of Frank Bowes has spread to those who surround him. In turn, these friends displayed their compassion to the many who came for Christmas dinner. Not a sad face could be found among the participants. Truly a day of joy. Truly the spirit of Christmas.

## ★ Energy

(Continued From Page 1)

ment for a week, sending all city employees to deliver energy survey and conservation materials to city residents. Working with community groups, thousands of residents received energy audits and free weatherization materials.

Conservation programs have started all over the country, as Americans realize that energy efficiency is the only way to combat rising prices. Many communities are finding that besides conservation, low cost solar energy can save fuel and provide skilled jobs at the same time.

The SUEDE Project (Solar Utilization for Economic Development and Employment) in Western Mass. taught local residents how to build low cost solar greenhouses, wall collectors, solar porches, and other solar water and space heaters. This program, now being copied throughout the country, helped to dispel the myth that solar energy is expensive. In fact, most of the solar devices used in the SUEDE Project cost only a few hundred dollars.

The Urban Solar Energy Association, based in Somerville, just completed a survey of solar use in the Boston Area. They found that over 270 people are using solar energy right now to help heat their homes or hot water, including 12 in Arlington!

For the last few months, local residents have been meeting with the

town government to talk about local energy use. This group, dubbed the Arlington Energy Project, is hoping to attract many new members. The time has come for all of us in Arlington to join together to solve our energy problems. Working together, we can find ways to save energy in our homes and businesses.

A town wide conference on energy has been planned for late January. Everyone in town is urged to attend, to share their ideas and join the Energy Project in beginning to plan Arlington's energy future. Possible discussion topics include low cost/no cost conservation, bulk purchase of insulation and fuel, and do-it-yourself solar.

There will be a slide show on practical solar energy and local experts to answer questions.

This conference will be a first step towards solving our energy problems now and in the future.

For information about the conference call 643-5199 evenings.

## Fewer Pieces To Go To Some Fire Alarms

In an effort to reduce the number of false fire alarms, which increased 30 percent during the past year, the Fire Service Division is reducing response to street alarms.

Community Safety Director Robert Blomquist issued an order that effective Dec. 21 the response to street box alarms would be one engine company and one ladder. The street boxes are those placed at intersections which a passer-by can pull. The response in the past had been two engines, a ladder and the Rescue.

Blomquist says that by reducing the number of pieces that respond to the fire he hopes the "excitement" of the response will be reduced for those who pull false alarms.

Reponse for master fire alarms, those connected directly to a building, will continue to be two engines, a ladder truck and the Rescue.

In reaction to the manpower problem, which has seen pieces of apparatus out of

service due to illness, vacations and other absences, Blomquist has ordered that only one ladder truck respond to box alarms. The second ladder truck, if it is in service, will remain in its station until needed for an emergency response.

The normal responding crew for an engine or ladder is an officer and three firefighters, but Blomquist says that because of the manpower shortage the division has been responding with an officer and two men and putting pieces out of service.

So far Arlington has been able to offer mutual aid assistance to nearby towns and has received mutual aid when needed, according to Blomquist. When asked if the auxiliary could be given duties other than operating the lighting plant, Blomquist said this would have to be negotiated with the firefighters' union.

## Adult Ed Classes Will Resume Jan. 5

Arlington Adult-Continuing Education will resume classes on Jan. 5, for the second ten week semester. The winter months of January, February and March can drag but thinking ahead to spring and doing something to pass the time can help.

Please look for our advertisement in this issue of the Arlington Advocate with the complete list of courses available and the number of seats in each class.

Information on any courses available may be obtained at 646-1000 extension 369 Monday through Friday. In the evening from 7-10 p.m. you may call 646-1005 or visit the office at the high school and talk with Francis V. Kirk, Director or Robert C. Dowell, Assistant Director.

Again we remind you that the Adult Education office is now located at 849 Massachusetts Avenue and will be opened Monday through Thursday from 9 a.m. until 12:30 p.m. Registration will also be accepted on the first evening of the class provided there is space.

Along with our own program, Adult-Continuing Education continues to work in cooperation with Middlessex Community College to offer undergraduate and personal enrichment courses.

## Hearing Jan. 8

# Broadway District May Include The Wayside Inn

Important protection for one of Arlington's few remaining 18th century buildings will be considered next week when the Historic District Commission holds a hearing on the inclusion of the Wayside Inn in the Broadway Historic District.

According to a legal notice which appeared in The Advocate on Dec. 18, the Historic District Commission will hold a hearing on the subject on Jan. 8, at the Hearing Room of the Town Hall, at 8 p.m.

The preliminary report of the commission (acting as a study committee) recommends inclusion in the adjoining Broadway District of the landmark building at 393-395 Massachusetts Ave., now used by the Mystic Valley Mental Health Center. One of the few surviving 18th century structures in the town, the building is the last of many inns which were once located along the avenue.

Structures in historic districts are subject to by-laws of the district which protect them from inappropriate exterior alterations by requiring review by the district commission before exterior appearance can be changed. The concept of the historic district is to protect a grouping of buildings as they are.

Originally a private residence dating from before 1750, and occupied by the Cutler family, the house was owned by the Whittemores in the early 19th century. Phillip Whittemore owned the hotel at the corner of Medford St., Massachusetts Ave. and Broadway — successor to the famous Cooper Tavern, where the British had killed two elderly residents on April 19, 1775. It is thought that Whittemore used the building as an adjunct to his hotel.

The Greek Revival style Doric colonnade porch was added in the 19th century to "modernize" the 18th century structure to be more in tune with the style of the day.

If the commission, after hearing from

any interested citizens, decides to include the house in the Broadway District, it will insert an article in the warrant for the 1980 Town Meeting.

The Broadway District established by Town Meeting vote in 1977, presently includes four mid 19th century homes on Broadway, just east of the fire station, and is identified by markers installed on Town Day, 1979.

The members of the commission are Stephen J. Gilligan, chairman; Louise Ivers, vice-chairman; Mary E. Guinan, secretary; Stephen L. Jennings and John L. Worden III.

## Junior Library Sets Activities For New Month

The main Robbins Library is planning the following 10:30 a.m. Saturday programs for school-aged children during the month of January:

Jan. 3 - Movie strip: "Willie Wonka and the Chocolate Factory."

Jan. 10 - CRAFTS.

Jan. 17 - movie "Yankee Doodle Cricket" (based on the book "Cricket in Times Square" by George Seiden).

Jan. 24 - baking contest — Children in grades 2-6 are invited to enter a dessert baking contest. Anyone interested in entering must sign up at the desk in the Children's Library before Jan. 23. Each entrant will receive copies of the rules when he signs up. Prizes will be awarded in two age groups.

Jan. 31 - Frances Filmstrip Festival. Two filmstrips about Frances, the famous badger, will be shown: "Bread and Jam For Frances" and "Best Friends For Frances."

## STOP SMOKING IN 60 MINUTES!

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The Arlington Advocate

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### Reading

Birch Meadow School  
Arthur B. Lord Drive

DAYS: Monday & Wednesday

TIMES: (1) 7:00-8:00 p.m.

(2) 8:00-9:15 p.m.

DAYS: Tuesday & Thursday

TIMES: (1) 7:00-8:00 p.m.

(2) 8:15-9:15 p.m.

DAYS: Tuesday & Thursday

TIMES: (1) 9:00-10:00 a.m.

(2) 10:15-11:15 a.m.

(3) 11:30-12:30 p.m.

(4) 12:45-1:45 p.m.

(5) 1:45-2:45 p.m.

(6) 2:45-3:45 p.m.

(7) 3:45-4:45 p.m.

(8) 4:45-5:45 p.m.

(9) 5:45-6:45 p.m.

(10) 6:45-7:45 p.m.

(11) 7:45-8:45 p.m.

(12) 8:15-9:15 p.m.

(13) 9:15-10:15 p.m.

(14) 10:15-11:15 p.m.

(15) 11:30-12:30 p.m.

(16) 12:45-1:45 p.m.

(17) 1:45-2:45 p.m.

(18) 2:45-3:45 p.m.

(19) 3:45-4:45 p.m.

(20) 4:45-5:45 p.m.

(21) 5:45-6:45 p.m.

(22) 6:45-7:45 p.m.

(23) 7:45-8:45 p.m.

(24) 8:15-9:15 p.m.

(25) 9:15-10:15 p.m.

(26) 10:15-11:15 p.m.

(27) 11:30-12:30 p.m.

(28) 12:45-1:45 p.m.



FIRST CHRISTMAS in the U.S. for the Japanese family of Mry Ryu, second left, includes a stop by Arlington's creche in the Center. From the left are Kei, 6; Shun, 5; and Chiyako, 2, all dressed for a New England winter in their stocking hats. (Staff Photo by Noreen Murphy)

## Microwave

## Police Get Few Major Calls

Police had a relatively quiet week as far as responding to major crimes. A week ago Monday, the larceny of \$20 glasses and a key chain from a car on Jeffrey rd. was reported.

Arson was suspected as the cause of a trash fire behind Play Time toy store at 283 Broadway. The fire broke out at about 11:50 p.m. among some boxes of trash piled against the one-story brick building. The fire was quickly put out.

A microwave oven and Zenith TV, worth \$800, were among some items taken from a house on Edmund rd. Police said entrance was gained by forcing a cellar door.

Vandals damaged a fence on Bow st. a week ago Tuesday and broke a window on Gardner st.

Stereo equipment was taken from St. Anne's School on Appleton st. Entrance was gained through a rear window.

On Wednesday, A & P., 1425 Mass. ave., was entered by breaking a window and cartons of cigarettes were taken.

A stereo was taken from a residence on Bacon st. A rear basement window was broken to get in.

On Friday, an apartment on Woodland st. was entered by forcing a basement window. The subject left the apartment before police arrived and nothing was taken.

Two arrests for driving under the influence of alcohol were made over the weekend.

On Saturday, two stolen cars were recovered. One car was found at the Symmes Hospital Nurses Home parking lot and another car, stolen in Somerville, was recovered at Marrigan and Silk streets.

## Financial Aid Applications Are Available At AHS

Applications for Arlington High School seniors and graduates to apply for financial assistance for next year will be available at the high school main office from Jan. 5-16.

Completed applications must be returned to the main office before Feb. 1 in order to be considered for the financial aid awarded through the school.

## Fox-y Folks Group To Hear Speaker

### About Nutrition

The Fox-y Folks senior group will hear a talk entitled "Look Before You Eat" on Jan. 6 at 1:30 p.m. The program will be presented by the Middlesex County Extension Service with Nancy C. Stutzman as guest speaker.

The program focuses on the changes in American eating habits and how they have affected the relationship of diet and disease.

All seniors are invited to attend this free program at the Fox Branch Library, 175 Mass. ave. Refreshments will be served.

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#### EXAMPLE A\*

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1977-78 HEATING SEASON  
OIL CONSUMED - 1,366.3 GALS  
BOILER INSTALLED OCT 5, 1978

1978-79 HEATING SEASON  
OIL CONSUMED - 977.9 GALS

#### RESULTS?

An annual fuel reduction of 388.4 gallons

A SAVINGS OF 28.4%

#### EXAMPLE B\*

"good service... saved money"

1977-78 HEATING SEASON  
OIL CONSUMED - 1,055.5 GALS  
BOILER INSTALLED MAY 8, 1978

1978-79 HEATING SEASON  
OIL CONSUMED - 847 GALS

#### RESULTS?

An annual fuel reduction of 229.5 gallons

A SAVINGS OF 21.3%

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## Community Safety

# Retirement Bd. Sets Group For Director

At a special meeting last week the Retirement Board voted to set the retirement category for the director of the Dept. of Community Safety to Group 1, the category for administrative and clerical employees.

Retirement Board chairman Al Minervini said the board is looking ahead to the time when another person holds the job, but the question came up with the incumbent, Robert Blomquist, having 26 years in the uniformed service which is Group 4.

Group 1 retirees, who under law include officials and general employees, clerical, administrative, laborers and mechanics, may retire at any time, but

they are not entitled to full benefits until age 55. Their rate of retirement varies with the length of service. Group 4, police and fire personnel, may retire with full benefits at age 55. Their rates also vary with length of service.

Blomquist, who says he has no intentions of retiring, holds the job of director and is on leave of absence from the job of fire chief, while Warren French is acting director of the fire service. The question of what Blomquist's retirement benefits would be came up when Personnel Director Amelia Milette asked his plans since a civil service list for fire chief was due to expire on Dec. 22.

Blomquist told the Retirement Board that he raised the question about his grouping because he was asked to give up his leave of absence from the fire division so that French could be named permanently. He said he took a leave of absence so that his Group 4 ranking would be assured, and his family protected six years ago when he became safety director.

Mrs. Milette says the town can

continue with no civil service list for fire chief and can continue with Blomquist on leave as chief. She says it is up to the Retirement Board, which is an autonomous board not under the Per-

sonnel Dept., to determine if Blomquist's retirement would be eligible for salary as fire chief or safety director.

Minervini this week said that the retirement, when it comes, would be based on the last three years' salary. As long as Blomquist is on a leave of absence as chief, he retains those rights and benefits, according to Minervini.

When Blomquist decides to retire he can step back to the chief's job, even briefly, to assure that he is a Group 4. However, if Blomquist were to die while in office as director, his death benefits would be based on the Group 1 status.

Retirement Board member John Bilafer made the motion to classify the

community safety job as a Group 1. He said he supports the community safety director position, and his remarks were not directly at Blomquist personally.

Bilafer said he was concerned about the economics with a future safety director. In addition to a Group 4 director qualifying for higher benefits earlier, if he suffered a heart attack or hypertension he would be eligible for 72 percent of his last year's pay under the Heart and Lung law for uniformed services.

Town Counsel John Maher wrote an opinion for the Retirement Board that he thought the director's job should be Group 4. In discussing his opinion, he told the board there was no question the job should be Group 4 without regard for who held the job.

He said that the safety director performed police and fire functions. He said that examination of the job description on a day to day basis supports Group 4.

Maher said that he did not see how the board could contend that the director's job was not performing a police function when the job has the responsibility of enforcing state and town laws.

Bilafer disagreed because of the retirement cost for a Group 4 director being higher than Group 1. He noted that this department head would be the only one classified at a different retirement status than the others.

Bilafer felt that town department

heads should have the same retirement and fringe benefit status. The future community safety director would not have to come from police or fire background, but could be an administrator, said Bilafer.

After Bilafer made the motion Blomquist asked that it say that the incumbent safety director is exempted, but Bilafer said he would not, raising questions about Blomquist's recent registration as a voter in Florida where he owns a condominium. Bilafer added that the Retirement Board was remiss in not classifying the safety job when it was created.

Bilafer says that in order to qualify for the higher pension Blomquist would have to return to the job of fire chief, even for a day, or stay as safety director until age 65.

## Park Ave. Women To Meet Tuesday

The Women's Guild of Park Avenue Congregational Church meets on Tuesday at 1 p.m. in the Parish Hall. President Mrs. Isabelle O'Brien will preside.

Hostesses for refreshments will be Mrs. Marjorie Martin and Mrs. Beatrice Donnelly. The activity will be a "Silent Auction." All members and friends are most welcome.

## Nervous Tension Will Be Topic Of Symmes Talk

The holiday season is supposed to be a time of festivities, warm family gatherings, good cheer and joy. But for many, it is a time of stress, fatigue, guilt, loneliness, sadness or depression. This year the economy is also a leading cause of depression.

In an effort to help reduce the incidence of stress caused by any of these, the Symmes Hospital Community Health Education Program invites residents to the hospital auditorium Jan. 12 at 7:30 p.m. to hear Alan C. Turin, Ph.D., of Comprehensive Psychological Services, Lexington.

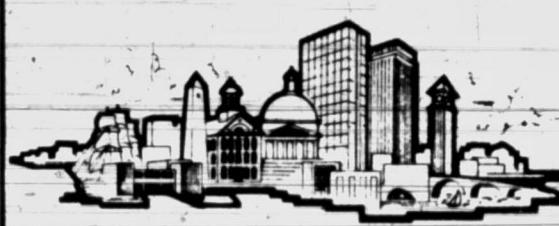
Dr. Turin has chosen as the title of his presentation "Dealing with Headaches, Anxiety, Stress and Nervous Tension."

Discussion will include a description of a comprehensive approach to relaxation, including pre-recorded cassettes, brief relaxation exercises, restriction of caffeine and "sympathomimetics" in foods and medications, diet, and the importance of relaxation as an integrated component in one's lifestyle.

Dr. Turin is president of the Biofeedback Society of Massachusetts, a clinical psychologist specializing in stress-related problems, a member of the Headache Research Foundation, and the developer of Comprehensive Relaxation Training.

One does not have to be under stress to benefit from his address.

## Continuing Education



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- Courses by television and mail
- Associate Degree and Short-Term Certificate Programs

Walk-in registration January 5 & 6, 2-5 pm and January 7 & 8, 4-7 pm. For more information call 241-8600 ext. 444 or visit Bunker Hill Community College, conveniently located on the MBTA Orange Line. Classes start January 21, 1981.

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WHEN: Tu./Thurs. 5:30-6:15, 6:15-7 p.m.

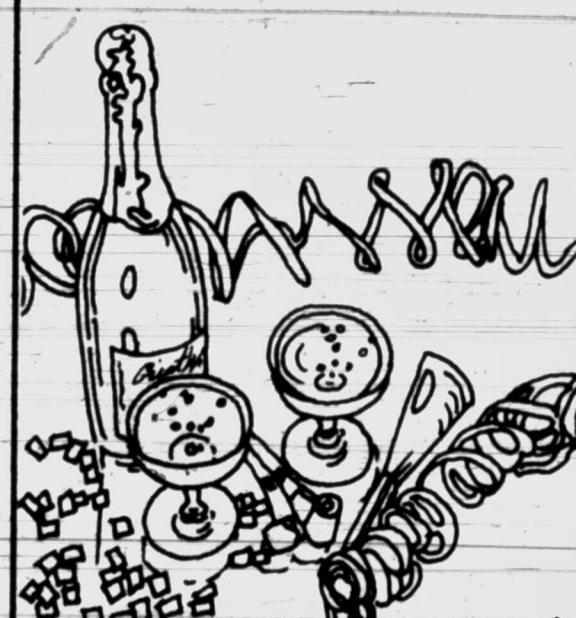
FEE: \$42.00 (10 wks. 20 classes)

Classes begin the week of January 12, 1981

To register: Complete attached form and mail both fee and form to Health-Fit Consultants, Inc. 15 Marshall Rd., Wellesley, MA 02181. For more information call Vickie Hanes 729-5560 or Bitsy Graham 235-6502.

Consider your registration accepted unless notified.  
Name \_\_\_\_\_ Address \_\_\_\_\_  
Home phone \_\_\_\_\_ Business phone \_\_\_\_\_  
Class location \_\_\_\_\_ Class days \_\_\_\_\_  
Class time \_\_\_\_\_ Fee enclosed \_\_\_\_\_  
Signed \_\_\_\_\_

## CHEERS.



New Year's Eve Time to toast the old and embrace the new. Party at our place. For reservations call 617-862-8700.

New Year's Eve in Dunfey's at Lexington Restaurant offering a special holiday menu, party favors, dancing to the Cheryl Winer Quartet. Call 862-8700 X315 for reservations.

Enjoy our famous Brunch in Dunfey's at Lexington Restaurant on January 1, 1981 11:30 a.m. to 2:30 p.m.

**DUNFEY'S**  
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NOTICE  
1981 LISTING OF RESIDENTS

Commencing on Friday, January 2, 1981, and such succeeding days as are necessary, Assistant Registrars of Voters will contact every residence in the Town of Arlington for the purpose of taking the combined Annual Town Census and Annual School Census listing every person zero years of age or older residing therein on January 1, 1981. The Assistant Registrars will have proper credentials.

The following information will be requested to complete the listing of residents:

ALL INDIVIDUALS  
17 YEARS OF AGE  
AND OLDER

Residence — January 1, 1980 and residence January 1, 1981; apartment no., if any; sex; date of birth; occupation; nationality if not a U.S. Citizen; U.S. Citizen; Head of Home and if a Voter.

SCHOOL CHILDREN AND  
PRE-SCHOOL CHILDREN

List every child age 1 day through 17 years inclusive and through 21 years if still attending at secondary school level

school attending.

A complete and accurate compilation of these statistics is of vital importance, inasmuch as they constitute the only OFFICIAL records of LEGAL residence. Failure to be listed may have extremely serious consequences for the persons affected such as loss of voting rights, inability to obtain an official record of legal residence for State College, registration, eligibility for Veterans' benefits, old age assistance, social security, employment in Federal or State Civil Service, and other purposes for which such a record may be required.

All residents are requested to anticipate the visit of the Assistant Registrars and to have the desired information available for them when they call, so that the work may be speedily and satisfactorily completed. Residents who expect to be away when the Assistant Registrars call are urged to fulfill their obligation by contacting the Registrars' Office — 643-6700-284.

The law provides that every occupant of a building who, when asked, refuses or neglects to give full and true information within his or her knowledge relating to persons residing in such building is liable to be punished by a fine of not more than five hundred dollars or by imprisonment for not more than one year.

HARLAN P. SMITH, CHAIRMAN

WILLIAM P. FORRISTALL

DRITA T. EATON

CHRISTINE M. CALLAHAN,

CLERK

REGISTRARS OF VOTERS

12.31



SANTA — The Carr family, Melanie (sitting), Aileen, Becky and Timmy, left to right, talk to Santa at Arlington Five Cents Savings Bank, in Arlington center.

Community  
Calendar

Dec. 31

"Yellow Submarine," Fox Library  
10:30, 2 p.m.  
Movie, Robbins Junior Library, 2:30 p.m.

Jan. 2

Book bingo, Robbins Junior Library  
10:30

Jan. 3

Japanese exchange program informational meeting, Town Hall Hearing Room, 10 a.m.  
Film, Robbins Junior Library, 10:30

Jan. 6

Arlington Recreation Youth Leaders, Sports Center, 6 p.m.  
Sen Paul Tsongas staff office hours, Town Hall, 10-1.

Fox-y Folks, Fox Library, 1:30

Jan. 7

Mystic Valley Mental Health & Retardation Area Board, Kelliher Center, 1303 Mass. Ave., 7:30 p.m.

\*\*\*\*\*  
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driver is  
safe when the  
roads are dry;  
  
the roads are safe  
when the driver is  
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**We Wish You A Safe and Happy New Year**

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Sincerely yours,

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# Comment

A Page of Personal Opinion for Public Reflection.

The Arlington Advocate, Thursday, January 1, 1981

## Collins' Corner

By Leonard Collins

### Roaring Twenties



This is the time of year when just a week apart we hear the words Merry Christmas and a bit later Happy New Year, and that is what folks will be saying in a few days, even though the two days as celebrated now are quite different.

Many times over the years a popular song was entitled "Turn Back the Universe and Give Me Yesterday" and one wonders if the singers today would really mean it, if they remembered that time of life called the "Roaring Twenties".

In January, 1920 the entire United States went dry, and remained that way for 12 years. As the result of the Volstead Act. President Woodrow Wilson vetoed the vote, but Congress overruled him and we had in the country a period known as the Roaring Twenties, and it was not one of our great periods in United States history.

From out of nowhere came citizens known as racketeers, and they controlled the speakeasies, rum runners, and all their business was done "under cover."

This was the era of live today and forget tomorrow, and until the financial world tumbled down on the nation we saw some very wild times. And tumbling it certainly did, and in the next 10 years we were in a very bad depression. Some of those years of prohibition caused many respectable law-abiding citizens to play footsie with law-breaking opportunists.

Take a New Years' Eve such as the one coming up now, and a law abiding gentleman had a few friends going to drop in for the evening to watch the old year bow out, and the new one arrive. All would gather around at midnight and sing Auld Lang Syne and of course very few could, or would join in the community singing without a toast or two.

So it seems in every community there was a nice fellow full of nostalgia, who would love to help out those little gatherings. His name always seemed to many as just plain "Joe" and someone in the party had his telephone number and he would receive a call, and gladly deliver a bottle or two of that precious "tonic" that had just come down from Canada, our next country neighbor that never went dry.

Some of course at home distilled their own lotion, and in some homes a nip or two would almost raise the toupee on a guest's head.

If a person did not wish to do business with "Joe" he could receive from a doctor for two dollars a script, and then go to a legitimate druggist and for five dollars receive a real pint of bonded liquor.

All doctors did not indulge in this type of healing but others did. There was actually a limit on how many prescriptions one could buy, but some very marvelous non de plumes were being used, and some of the town's most distinguished citizens, unknown to them, were named on many of these papers.

But all good things came to an end with the death of prohibition, and those real tea parties, finally were run only by a few and all over, as one received an invitation to an affair and at the bottom of the invitation would read cocktails from 6 to 7.

Whether a person is "wet or dry," when prohibition went out the window, the new law stated that no one under 21 years of age could be served, and we have seen all the trouble that the new law dropping the age down to 18 has caused.

Well, this has been a wet story, so remembering that New Year's Day is one of the greatest day's on our calendar, here's hoping all will enjoy it as we wish all friends a Very Happy New Year.

## Ask The Ombudsman

Refer questions to Community Ombudsman Alberta Sills, 646-8340.

**Q.** This year my oil bills have already exceeded last year's, but my income has not changed. How can I find out if I am eligible for fuel assistance?

A. Sarita Jacobson, Arlington's fuel assistance intake worker, will be available to see applicants from 9 a.m. to noon and Wednesdays from 1:30 to 4:30 at the third floor rear of the Robbins House, 670 Massachusetts ave.

If you are over 60 or handicapped and feel you cannot climb the steep stairs at the Robbins House, you should call 643-6700 X357 to make an appointment to see her at the Jarvis House which is physically accessible. She will be there from 1:30 to 4:30 Monday, Tuesday, Thursday and Fridays to process your application. The initial interview takes about a half hour.

The federal assistance program, designed to give aid to those unable to pay their oil or other heating-related utilities, has helped many Arlington citizens for the past four years. The income guidelines were raised last year in an attempt to meet rising costs.

Since the regulations and guidelines are complicated, we suggest you call Mrs. Jacobson at 643-1155, during working hours, for information about your eligibility and what documents (proof of income, unpaid bills, bank statements, income tax returns, letters from agencies from whom you receive assistance, etc.) you should bring with you to the interview.

## The Arlington Advocate

Established 1872

4 Water Street

Tel 643-7900

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That people everywhere may better understand the  
Circumstances of Public Affairs — Benji Harris



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## Guest Column

By Gino Nocca

### The Need Of Faith

Just what is it? An enigmatic feeling coming from somewhere inside of us? Is it a state of mind difficult to explain? Could it be a condition of necessity developed in moments of helplessness? Or is it the great gift of an additional sense second only to that of life itself and discarded by some while cultivated by others? Will we ever know? Could it be the manifestation of the soul's existence?

But then faith does not mean belief in the dogmas or rules of religions only; faith involves the meaning of trust in diverse entities and people; also the complete acceptance of ideologies preached by those in whom we believe.

I think that faith had its inception with the creation of man who must have wondered, and still does, where he came from, what was his mandate on earth; what mysterious power was beyond all these forms of animal life and vegetation. His person must have appeared so insignificant compared with the vastness of the sky, the majesty of the mountains, the spaciousness of the land.

With a wondering mind and a timid soul he must have searched for answers and, after he screened them he must have developed a belief which eventually grew into faith. He must have admired the stars in the heaven and attempted to explain to himself the meaning of their existence and its relation to his own.

Perhaps he selected the sun, being the biggest in appearance and the brightest, as the source of immense power and, perhaps, the great creator of visible things. And so he turned to him, asking favors in the best way he knew, asking protection against wild animals and the temperamental weather; he must have had some positive results to encourage him to look at the sun as his benefactor, as a dominant power, a source of help, of comfort, of last resource.

His trust grew into devotion and then into rituals to convey his appreciation for the granted favors. And so he selected choice animals and birds to sacrifice to his sun god for benevolence and protection.

Here we have the birth of faith with a religious meaning, the belief in a great power, the source of help in times of need and danger; here a more concrete and personalized entity to whom one could appeal for comfort, for assistance, for the continuance of life once given.

On land and at sea, on the mountains and in the desert when loneliness prevails to the extent of injuring the mind; when your life is threatened, when you despair, who do you turn to if you have not practiced or shown faith, any faith? Yes, faith can conquer our minds and rule our lives if used with wisdom. It has proved its capacity to heal the mind as well as the body; it has been the source of comfort for the lonely, it has enhanced the courage to go forward for many of us; to persist, to endeavor, to succeed.

Faith can be easily coordinated with trust, but should be applied to our fellowmen, in relation to the members of our family, our friends and our government institutions. Practice of such belief is

brought about by continuous performance to prove the merit of such trust. It is obvious to say that lack of trust in our institutions will retard progress and will generate chaotic conditions extremely detrimental to our well being.

My mind is quite disturbed by the fact that the faith, trust and belief we attained in our infancy was dissipated as we grew into adulthood; is this due to our ability to recognize false gods and false values? Are we practicing more wisdom or are we judging our fellowmen with too much severity? Could it be that the eagerness to acquire power, wealth, dominance over others is the cause for our neglect of the main attributes to gain trust, belief or faith, in us?

I have the deepest feeling of compassion for the man who is in fatal danger, in a moment in which all spiritual values and physical passions will forever disappear, when he reviews his past which he might wish to amend, when hate and love come to an end, when the eyes are searching around the wide horizon for someone to listen to his last words, the absence of faith in his creator and his inadequacy to pray, to invoke, to ask for help will create the uttermost condition of desperation. How soothing to the mind and to the soul must be the thought that someone up above those numerous clouds is listening to your prayers and may be moved to lend you a much needed hand to say to you: "Come my son, you believe in me, you belong to the fold."

I am not trying to preach a sermon to humanity; I am simply meditating on these thoughts which may also prevail in your mind and discuss the merits and the significance of faith, trust and belief with the purpose of enriching our lives. If it impresses you as being only a dream, I may agree with you because I enjoy dreaming and also because sometime, somehow, somewhere, dreams come true!

As we approach the dawn of another year and the beginning of a new decade with wider horizons to conquer, we are faced with grave decisions when we must differentiate between the magic of the past and the crude realism of actuality.

We can only hope that the affirmative practice of belief, of trust, of faith in our society and our institutions will be enhanced and thus create a better and more cohesive world of tomorrow for the benefit of humanity.

Gino Nocca, a 50-year resident of Arlington, is retired sales manager and company newspaper editor with the Metropolitan Life Insurance Co., now doing freelance writing. In 1957 he was knighted by the Republic of Italy for having fostered a better understanding between the United States and Italy in the field of humanities. He is a graduate from the Royal Naval Institute of Gaeta, Italy. He also attended the College of Business Administration at Boston University and the School of Law at Boston College. He is married to Dorothy Spence Summerhayes, a former secretary and bursar of the Portia Law School.

## To The Editor

### Leaf Disposal

TO THE EDITOR:

In his letter regarding budget cuts Mr. Worden discusses the expense to the town of picking up leaves. This affords me the opportunity to express a gripe that has long bothered me.

While the rest of us ordinary mortals either create compost piles in our backyards or bag the leaves for the regular rubbish collection, Mr. Worden's family carries sheet after sheet full of leaves to the gutter and dumps them there. Subsequently, two pieces of heavy equipment clean up in front of his house while the rest of us have to settle for the street cleaning machine.

It is, of course, possible that Mr. Worden pays for this extra service. However, if he does not, I suggest that there be some budget cuts right at his own door step.

Jason Street Resident

P.S. Judging by the piles of leaves visible in certain parts of the town it would appear that there are other residents making the same demands on town services. They, of course, should also be told to discontinue their practice of actually hauling leaves into the gutter.

EDITOR'S NOTE: Town rules for picking up leaves may change for 1981. Next year the DPW hopes to only pick up bagged leaves. As for the letter-writer's comment, Mr. Worden responds:

I am gratified that my modest proposals concerning town expenditures have instigated some discussion, but did not realize that they had attracted an anonymous analysis of my autumnal activities.

Like many other Arlington residents, both on our street and elsewhere, over eight to 10 fall weekends I have put out the leaves which won't fit into 10 or 12 rubbish barrels in the street since burning was banned.

For the idea of using a sheet, rather than a bushel basket, I am indebted to a gentleman on Fisher rd. whom I observed some years ago while delivering one of my children to a music lesson. (If my secret spy has looked more closely he or she would have noted that we also use an old bedsheet for the same purpose.)

Leaves placed in the street are heaped up near the cemetery and provide valuable and free mulch for many local gardeners, while at the same time saving the cost of transporting them to a landfill and paying to have them buried. This also limits the use of plastic bags, every purchase of which subsidizes the Arab oil sheiks.

The Town Manager and Public Works Dept. are to be congratulated for this environmentally responsible program.

### Vietnam Families

TO THE EDITOR:

At this time of joy and caring, it is heartening to know of townspersons who respond to human needs with genuine love.

Two weeks ago, a Vietnamese Boat family of five (a father with four children under 12 years of age) moved to Arlington. Within 10 days through the kindness of friends in Arlington and Winchester, the apartment was adequately furnished.

The staff of the Bishop School welcomed the children into their classes and gave a sizeable sum to Cuong Pham, the father, toward the difficult task of bringing his wife from Vietnam. The dietary department of the Symmes Hospital where Mr. Pham works, have been most helpful and generous, especially when the youngest boy of five broke his leg, on Christmas Eve, while climbing, and is now in Children's Hospital.

Another family of five children, with their mother and uncle, have just resettled in Arlington, in the same Mystic st. house. They are poor. Hopefully the town will respond again with money or furniture donations.

Thank you, you good neighbors! Sincerely,

Sister Winifred Behlen

P.S. If you wish to donate, I can be reached at 646-2652 or 729-8758.

TO CONTINUE GROWING,  
WE MUST LOOK INWARD...  
FOR THE FUTURE EXISTS  
WITHIN OUR HEART -

HAPPY 1981

ROBERT COMBO

### Co-ed Club

TO THE EDITOR:

On Friday, Jan. 2, 1981, the Arlington Boys' Club will complete a transition begun in 1976, and expanded upon in January, 1978.

The New Arlington Boys' Club will provide co-educational programs for all age groups effective Jan. 2, 1981.

No longer will services be scheduled for girls and boys on different days. Rather, the facilities and programs will be available to youths, regardless of sex, simultaneously.

This decision by the Board of Directors is the result of two years of experimental programming and as well several years of study and planning by

the Planning and Development Committee.

Opportunities will prevail for boys as well as girls to use the club weekdays, Tuesdays through Fridays and Saturdays. The programs will begin immediately following the closing of schools and remain in effect through the evening hours.

We welcome all interested youth and adults to become members of the New Arlington Boys' Club.

Begin the New Year with a personal commitment to "fitness" and join your New Boys' Club.

Sincerely yours,

George P. Faulkner

Executive Vice President

### Memorial

TO THE EDITOR:

I was pleased to learn that a Boy Scout Memorial Fund was established by Troop 306 in honor of Tom Hazeltine.

Not only did Tom leave his mark with the boys and men in scouting, but also with the hundreds of people he had as customers during the time he ran a gas station and repair shop.

Tom was always ready to help someone in need regardless of the time and circumstances. He also had the best interest of his customers, trying always to make repairs on their vehicles as inexpensively as possible. If there was a way to repair something rather than replace it, Tom would find it.

If the people Tom befriended would contribute to this fund, regardless of how small, I am sure it will be successful.

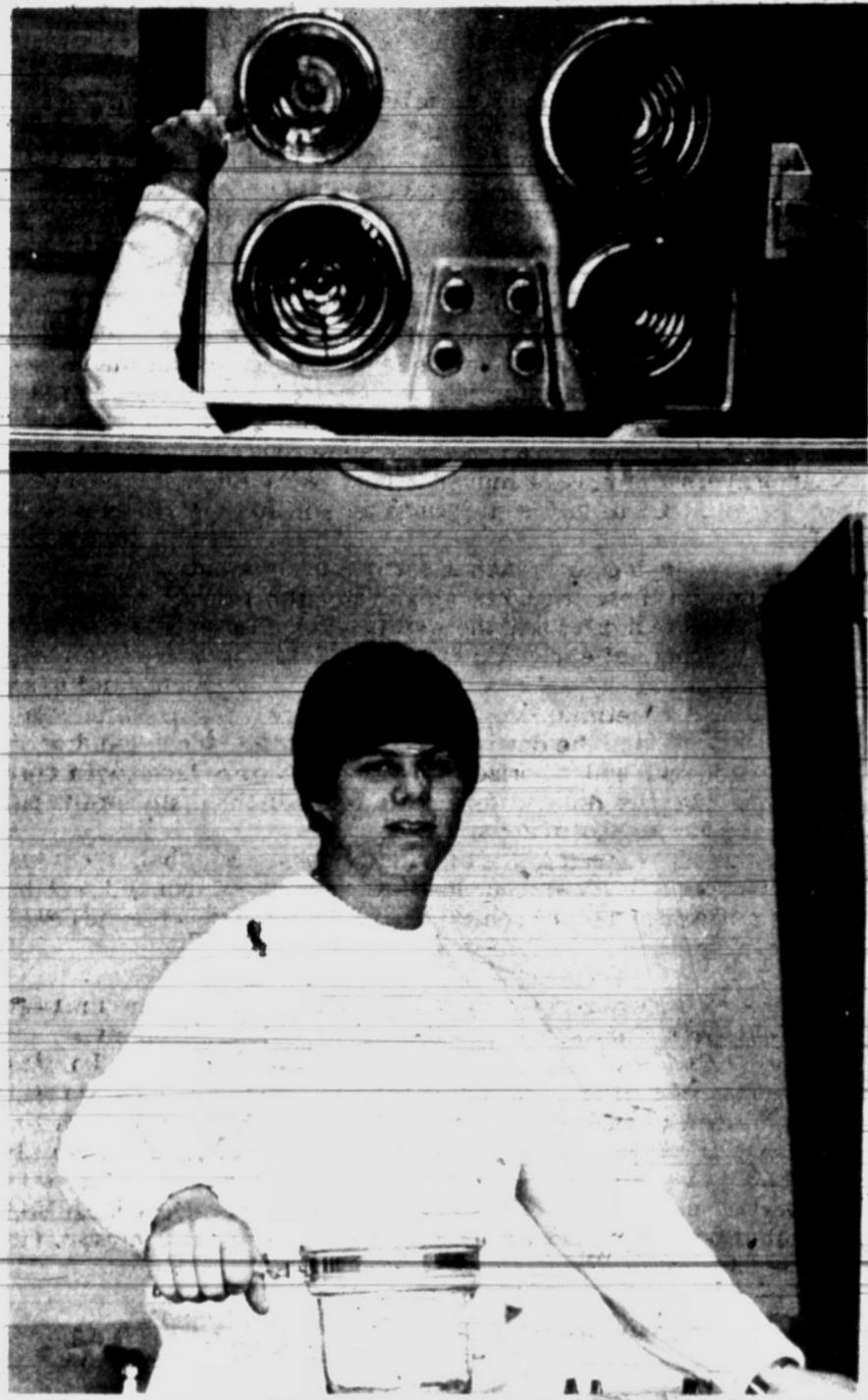
Checks can be made out to Troop 306 and mailed to Mr. John Sweet, 42 Melvin rd., Arlington.

Haig Adamian

## Bulletin Board

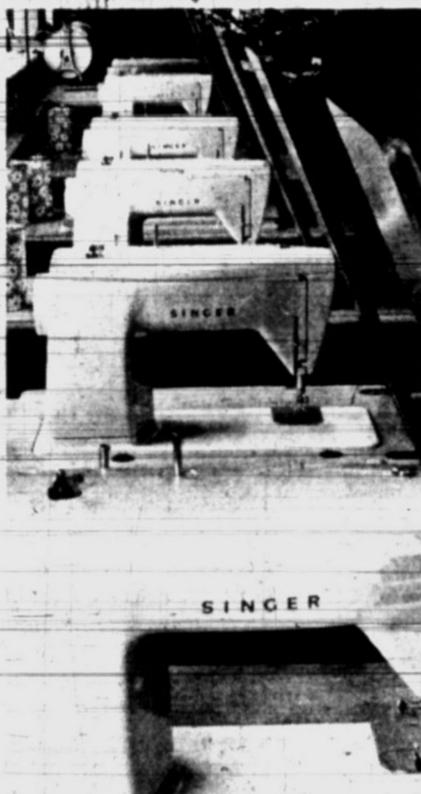
Assessors, Jan. 5, 7 p.m., Town Hall Selectmen, Jan. 5, 7:15 p.m., Town Hall Redevelopment Board, Jan. 5, 8 p.m., Town Hall

# Advocate Extra



**COOKING MIRROR**—Michael Leone, Student Council treasurer, demonstrates equipment in the cooking room at the high school. Using the mirrors placed over the stoves, students can see the activity from their seats.

The last major phase of the Arlington High School renovation is underway with emptying of Building A. The inside of the oldest school building, which contains 44 classrooms will be completely gutted. The plans call for new walls, new lighting, new heating, and new floors.



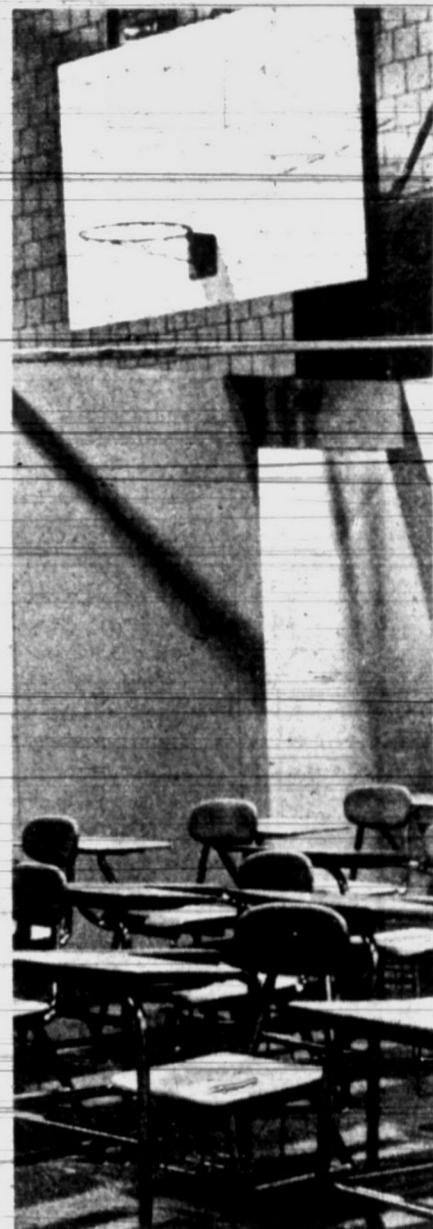
Advocate Staff

Photos

By Noreen Murphy



AHS—The new and the old are clearly visible at Arlington High School. The ongoing renovation is expected to be completed by this summer. While visible signs of the old remain, like the tower, the inside of the school is modern, bright and cheery.



**NEW GYM**—The new gym at the high school is temporarily transformed into 12 classrooms while Building A undergoes a complete overhaul. The classes are partitioned by eight-foot sheetrock walls and fitted with lights, blackboards and carpets. To cut down on noise, five of the classrooms will be studies.

**Winter's not over yet!**  
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No. 420-0 Tweed . . . . .	254 <sup>00</sup> 160 <sup>00</sup>
No. 275-0 Velvet . . . . .	264 <sup>00</sup> 164 <sup>00</sup>
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